



Estonia-Moldova WEB CONFERENCE

RAISING COACHES' KNOWLEDGE
IN HIGH-PERFORMANCE
TRAINING



National Olympic and
Sports Committee of the
Republic of Moldova



Nicolae Testemitanu State
University of Medicine and
Pharmacy



National Centre of
Sports Medicine
"Atletmed"

DISCUSSIONS AND INSIGHTS



Doping Control Process for Athletes



Sport Training Principles



Injury Prevention in sport

3-4, SEPTEMBER
3PM - 6PM



Platform: Google Meet
meet.google.com/aqb-sapn-muj

Event supported by:



Programme

Opening speech

Topics/ Subiecte de discuție:

- Coaches' position, financing and rights-obligations in the Estonian sports system. Poziția, finanțarea, drepturile și obligațiile antrenorilor în sistemul sportiv din Estonia.-**Henn Vallimae**, PhD, Executive Director of Estonian Anti-Doping Agency,Estonia;
- The processes of adaptation of the organism to physical effort, the forms of adaptation. Procesul de adaptare a organismului la efort, formele de adaptare.-**Raivo Puhke**, PhD, Institute of Sport Sciences and Physiotherapy, University of Tartu, Estonia;
- Ensuring the training process using efficient means based on the modern training programs. Asigurarea procesului de instruire utilizând mijloace eficiente bazate pe programe moderne de antrenament.-**Harry Lemberg** MSc, Academic Sports Club, University of Tartu, Estonia;
- Coaches for clean sport: antidoping roles and responsibilities. Antrenorii pentru un sport curat: roluri și responsabilități antidoping.-**Federiciu Victoria**, MD, assistant professor, Department of bioethics, Nicolae Testemitanu State University of Medicine and Pharmacy, Republic of Moldova

DISCUSSION

Registration will start at 2:45 PM

local time, following the link meet.google.com/aqb-sapn-muj

Estonia-Moldova WEB CONFERENCE

September, 3

The Speakers



Henn Vallimae, PhD, Executive Director of Estonian Anti-Doping Agency, Estonia



Raivo Puhke, PhD, Institute of Sport Sciences and Physiotherapy, University of Tartu, Estonia



Harry Lemberg, MSc, Academic Sports Club, University of Tartu, Estonia



Federiciu Victoria, MD, assistant professor, Department of bioethics, Nicolae Testemitanu State University of Medicine and Pharmacy, Republic of Moldova

Programme

Topics/ Subiecte de discuție:

- The determinants of athlete's health. Determinantele sănătății sportivilor.- **Serghei Cebanu**, MD, MPH, PhD, associate professor, Nicolae Testemitanu State University of Medicine and Pharmacy, Republic of Moldova;
- Injuries prevention in sports. Prevenirea traumatismelor în sport.- **Agnes Magi**, MD, Department of Sports Medicine and Rehabilitation, Tartu University Hospital, Estonia;
- Asthma in athletes. Astmul bronic la sportivi.-**Nadežda Ignatjeva**, MD, Department of Sports Medicine and Rehabilitation, Tartu University Hospital, Estonia;
- Medical examination criteria in performance sports. Criterii de examinare medicală în sportul de performanță.-**Mirela Roșco**, MD, National Centre of Sports Medicine "Atletmed"

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Estonia-Moldova WEB CONFERENCE

The Speakers

September,4



Cebanu Serghei, MD, MPH, PhD,
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Mirela Roșco, MD,
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